Asian Cabbage / Brassica salad

Shredded: cabbage or broccoli (including stalks), or brussel sprouts

Shredded carrot

Snap peas (or some sort of pea pod)

Green onion

Cilantro

Slivered almonds (optional)

Mandarins (optional)

Dressing:

Orange juice concentrate

Orange vinegar

Rice vinegar

Sesame oil

Garlic

Soy sauce

Stone ground mustard to emulsify

Sweetener if needed (brown sugar, honey, agave, rice syrup)

\*\* If you are low carb or doing a yeast cleanse, can use 1 tsp orange juice (it will be distributed across the whole dish, so each serving will only have a tiny bit), and a little monk fruit or stevia to add a bit more sweetness